

SMSC – Year overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Body and mind Transitions and lifestyles	My place in the world Careers	Relationships The family	My place in the world Being British	Body and mind Self respect	My place in the world Finance
	Coping with change, smart phone usage, emotions, healthy lifestyles, puberty	Self identity, dream jobs, what is a career, entrepreneurs, work life balance, careers in the future	Family relationships, dealing with friendship issues, marriage, forced marriage	Diversity, tolerance, Britishness, British values, British politics	Respecting yourself, unrealistic body image, consent – unwanted touching, sexual harassment, respecting boundaries	Saving, spending, paying, budgeting, value for money
Year 8	Body and mind Mental health	Relationships Identity and relationships	My place in the world Careers	My place in the world Finance	Body and mind Staying safe	My place in the world Prejudice
	Coping with change, smart phone addiction, mental illness, recognising poor mental health, where to get mental health support	First love, consent in relationships, sexting, LGBTQ relationships, identity, asexuality and abstinence	Interests, CV's. the challenge and reward of work, success, careers and climate	Riak and rewards, investments, protecting yourself financially, fraud, online security	Peer pressure, vaping, alcohol, drugs, the law, links between drugs and mental health, online gambling	Homophobic language, racism, refugees, privilege, FGM, fake news, forming your own opinions
Year 9	Body and mind Digital resilience	Relationships Family relationships	My place in the world Finance	My place in the world Careers	Relationships Intimate relationships	My place in the world Big issues
	Coping with change, smart phone addiction, digital resilience, coping strategies the good and bad	Healthy family relationships, conflict resolution, domestic abuse, grief, organ donation	Savings, interest, borrowing products, mortgages, stocks and shares	My skills, what comes after school, decision making, taking control of your journey, working and earning	What's normal in relationships, victim blaming, withdrawing consent, porn, coercive control, rape	Unconscious discrimination, incels, trafficking, upskirting, knife crime, gangs, county lines
Year 10	Body and mind Reflecting on myself	My place in the world Finance	Relationships Intimate relationships	Body and mind Body positivity	My place in the world Exams and work experience	Relationships Healthy relationships
	Coping with change, smart phone addiction, reflections on your career path, exploring employer profiles, what career is best for me	Making the most of your money, financial challenges, budgeting, saving money, next steps after school, payslips	Online relationships, mental health in sexual relationships, intimacy without sex, illegal behaviour, toxic masculinity, misogyny	Dark side of social media, body positivity, role models, self harm, body modification	Revision, exam stress, anxiety, work experience, potential work experience issues	Communicating core values, pleasure, coercion, domestic abuse, fertility, stalking
Year 11	Body and mind The science of learning	My place in the world Careers	My place in the world Finance	Body and mind Your body your choice	Relationships Relationships beyond school	
	Coping with change, smart phone addiction, science of learning, retrieval, wellbeing	Post 16 choices, decision making, researching volunteer and paid work, money talks, is AI a threat to our jobs?	My money matters, saving habits, making the most of money, borrowing and debt, financial options after school, risk and reward	Sti's, self examination, contraception recap, choices around pregnancy, menopause	Managing fear, friendships beyond school, new relationships, working relationships, managing friendship changes	

Year 8 SMSC overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Body and mind Mental health	Relationships Identity and relationships	My place in the world Careers	My place in the world Finance	Body and mind Staying safe	My place in the world Prejudice
Week 1	Title	Coping with change	First love – when to begin romance	What are my interests?	Risk and Reward - Risk	Peer pressure	Homophobia - watching your language
	Outcome	Understand why change can be scary, and discuss strategies to cope with it.	Explore when it's the right time for you to start a relationship including the law	Describe their interests Draw connections between interests and career options Write about an activity that links to their interests		Understand how to recognise if you are experiencing or creating peer pressure	Understand the impact of using homophobic language
	Assembly						
Week 2	Title	Smart phones – avoiding the algorithm trap	Consent in romantic relationships – no means no	Superhero CV	Risk and Reward - Investments	Vaping – addiction and the consequences	Awareness of racist language and its roots
	Outcome	Understand how phones are designed to be addictive and assess your own consumption	Understand how no always means no and how to respect that and be confident asking for that	Explain how employers recruit people Identify information that goes into each section of a CV Create an effective CV tailored to a job advert		Understand the short term, long term and environmental impact of vaping	Explore the roots of racist language and how to not use it
	Assembly						
Week 3	Title	Smart phones – being present and avoiding the anxiety trap	The risks of sexting and image sharing	The challenge and reward of work	Risk and Reward – Protecting yourself	Alcohol and the law	Refugees
	Outcome	Understand how phones can create anxiety and why it's important to 'be present'	Understand the laws around image sharing and how they could impact your future	Identify some of the rewards associated with working Identify some of the challenges associated with working Define what having a growth mindset means		Understand the law on alcohol and how to avoid binge drinking	Understand what a refugee is and how refugees are presented in the media
	Assembly						
Week 4	Title	Common types of mental illness	LGBTQ definitions	Creating the life you want	Security and fraud – Fraud and money mules	Drugs and the law	Privilege and what it means to be privileged
	Outcome	Understand the main types of mental illness and how they present themselves	Explore some of the categories of LGBTQ people and what they mean	Describe what they'd like their life to look like in the future Draw connections between their skills, abilities and interests to visualise ideas for their future Formulate realistic goals for the future		Understand the current laws on drugs and how to protect yourself	Explore why you have a degree of privilege over other people and why
	Assembly						
Week 5	Title	Recognising early signs of poor mental health	LGBTQ relationships	What does success look like?	Security and fraud – online	The links between drugs and mental health	FGM
	Outcome	Understand how to identify if your or someone else's mental health is deteriorating	Explore how LGBTQ relationships are not different to heterosexual ones.	Define what success means to them Acknowledge that success can be measured in different ways and can be achieved within lots of different career paths Reflect on their own successes and set goals for future successes		Explore how drugs are not just illegal but can impact mental and physical health long term	Understand what FGM is and how it impacts girls
	Assembly						
Week 6	Title	Where to get help if your mental health is suffering	Understanding your identity	Careers and the climate		Online gambling, legalities and risks	Fake news and how to spot it
	Outcome	Explore some of the ways you can get help if you or a friend is suffering	Understand that establishing your identity/sexuality is not always easy and is changeable	Describe a career that could be considered a green career Describe a subject that could be considered a sustainable degree		Explore the risks of online gambling and the laws designed to protect you	Gain awareness of not believing everything you read.
	Assembly						
Week 7	Title		Asexuality and abstinence				Forming your own opinions
	Outcome		Understand asexuality and that sex isn't necessarily for everyone				Understand how to form your own, educated opinion based on facts
	Assembly						
RE Themes							
PD day		All about me					
Awareness weeks		Inclusion week 15/9	Black history month Nov World Aid Day 1/12	Holocaust memorial 27/1 Safer internet 10/2	World Book day 6/3 Science week 5/3	Mental health week 11/5	Pride Month June Refugee week 15/6

Year 7 SMSC overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Body and mind Transitions and lifestyles	My place in the world Careers	Relationships The family	My place in the world Being British	Body and mind Self respect	My place in the world Finance
Week 1	Title	Coping with change	Who am I?	Different types of family	What is diversity?	Respecting yourself	Saving
	Outcome	Understand why change can be scary, and discuss strategies to cope with it.	<ul style="list-style-type: none"> Describe who they are Draw connections between their likes, culture, connections and interests Understand that certain characteristics are protected by law 	Understand different families such as single parent, blended, same sex and fostered.	Understand what diversity is and how we live in a diverse country	Understand why it is important to respect yourself and be confident in setting your boundaries	
	Assembly						
Week 2	Title	Smart phones – avoiding the algorithm trap	Dream jobs	Positive family relationships	Tolerance of others	Unrealistic body image	Making the most of your money - spending
	Outcome	Understand how phones are designed to be addictive and assess your own consumption	<ul style="list-style-type: none"> Identify the key skills and themes that relate to their 'dream job' Explain the benefits of exploring related career options and not focusing on one single dream job 	Understand how important positive family relationships are and how they can impact the future.	Understand that your rights and responsibilities when it comes to other people	Understand how you are encouraged by the media to have unrealistic image goals	
	Assembly						
Week 3	Title	Smart phones – being present and avoiding the anxiety trap	What is a career?	The responsibilities of parents with raising children	What is 'Britishness'?	Unwanted touching (consent)	Making the most of your money - Paying
	Outcome	Understand how phones can create anxiety and why it's important to 'be present'	<ul style="list-style-type: none"> Define 'what is a career?' Identify a range of career sectors and jobs that they might be interested in Understand the skills required for different jobs, and the rewards and challenges they may bring in the future 	Understand positive parenting qualities and how to identify if you have them	Explore what it means to be British	Understand what consent is and how to say no confidently	
	Assembly						
Week 4	Title	Talking about your emotions	What is an entrepreneur?	Friendship issues	British Values	What is sexual harassment?	Making the most of your money - budgeting
	Outcome	Understand why I am more emotional as a teenager	<ul style="list-style-type: none"> Define what an entrepreneur is Identify some entrepreneurial skills Explain what a role model is 	Understand that friendships issues can happen and also how to deal with them	Understand the core British values and how they are relevant to you	Understand what behaviours constitute sexual harassment and how to report it	
	Assembly						
Week 5	Title	Maintaining a healthy lifestyle	What is work life balance?	Marriage and the alternatives	British Politics	Physical respect for others	Making the most of your money – value for money
	Outcome	Understand a range of ways you can keep yourself healthy	<ul style="list-style-type: none"> Explain what work-life balance means to them Suggest ways to improve work-life balance and manage situations of work-life imbalance Describe an example of when they've demonstrated the skill of balance 	Understand different types of legal relationships for couples	Understand the key political parties that make up British politics	Understand why respecting the physical boundaries of others is important	
	Assembly						
Week 6	Title	Puberty – body changes	Careers and the future	Forced marriage and 'honour based' violence			Opening a bank account
	Outcome	Understand what happens to your body during puberty	<ul style="list-style-type: none"> Identify a skill that's predicted to be valued by future employers Explain at least one example of how careers have changed over time 	Understand what forced marriage is and how to identify it			
	Assembly						
Week 7	Title						Savings accounts - Scenarios
	Outcome						
	Assembly						
RE Themes							
PD day		All about me					
Awareness weeks		Inclusion week 15/9	Black history month Nov World Aid Day 1/12	Holocaust memorial 27/1 Safer internet 10/2	World Book day 6/3 Science week 5/3	Mental health week 11/5	Pride Month June Refugee week 15/6

Year 9 SMSC overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Body and mind Digital resilience	Relationships Family relationships	My place in the world Finance	My place in the world Careers	Relationships Intimate relationships	My place in the world Big issues
Week 1	Title	Coping with change	Identifying healthy family relationships	Saving – Simple and compound interest	What are my skills?	Understand what's 'normal' and what's not in relationships	Unconscious discrimination
	Outcome	Understand why change can be scary, and discuss strategies to cope with it.	Explore what healthy family relationships look like		Explain why developing and recording skills now is important for the future world of work Reflect on their own skills and achievements Explain how skills can be developed and the benefits of accepting help, advice and support	Explore the key things that are normal within relationships and be able to identify things that aren't	Explore the ways we discriminate against people unconsciously including by stereotyping
	Assembly						
Week 2	Title	Smart phones – avoiding the algorithm trap	Managing conflict with your family	Borrowing-Debt and making informed decisions	What comes after school?	Victim blaming	Incels - what exactly are they?
	Outcome	Understand how phones are designed to be addictive and assess your own consumption	Understand strategies for coping with conflict within your family		Identify a learning pathway they'd like to explore further Name pathways, qualifications, skills, and progression opportunities related to an example career State sources of further information about learning pathways	Understand what victim blaming is and why it is so damaging	Understand the terminology surrounding incels and the catastrophic consequences
	Assembly						
Week 3	Title	Smart phones – being present and avoiding the anxiety trap	Conflict resolution strategies	Borrowing - products	Decision making	Confidently withdrawing consent	Trafficking
	Outcome	Understand how phones can create anxiety and why it's important to 'be present'	Explore a range of strategies you can use to resolve conflicts between others and in your own relationships		Identify important factors to consider whilst deciding on subject choices Outline what they need to do next to reach their decision	Explore ways that you can withdraw consent. Understand that it is ok to assert boundaries	Explore what trafficking is and how to identify the signs
	Assembly						
Week 4	Title	Developing digital resilience	Managing relationship and family changes	Borrowing - mortgages	Taking control of your career journey	Porn a twisted reality	Upskirting and sharing explicit photos
	Outcome	Explore strategies for developing digital resilience	Explore ways that you can cope when things change within your family		Identify the career needs and wants of themselves and others Understand how to take the initiative in developing their career journey Reflect on how to overcome barriers people face on their career journeys	Understand that Porn is not a realistic portrayal of 'normal' healthy relationships and can encourage false expectations	Understand the law surrounding picture sharing and the potential impact of a criminal record
	Assembly						
Week 5	Title	Unhealthy coping strategies	Domestic abuse	Borrowing –mortgages further my knowledge	Working and earning	What is coercive control?	Knife crime
	Outcome	Understand which coping strategies are unhealthy and should be avoided	Understand what domestic abuse is and where you can get help if it happens to you		Identify some of their employment rights as a school-age worker Calculate a monthly wage from an hourly rate or annual salary List some essential and non-essential expenditure when creating a budget	Understand how to identify coercive control and what to do if you experience it	Understand the legal aspect of carrying a knife and the potential consequences
	Assembly						
Week 6	Title	Healthy coping strategies	Grief	Stocks and shares		Rape including within relationships Inc stealthing	Gangs
	Outcome	Understand which coping strategies are healthy	Understand that grief is different for everyone and explore strategies for dealing with it			Understand the definition of rape and how it can also happen within relationships	Understand how gangs work and be able to identify how they groom people to join them.
	Assembly						
Week 7	Title		Organ donation				County lines
	Outcome		Understand the importance of organ donation and what it entails				Understand what county lines means and the consequences of being involved
	Assembly						
RE Themes							
PD day		All about me					
Awareness weeks		Inclusion week 15/9	Black history month Nov World Aid Day 1/12	Holocaust memorial 27/1 Safer internet 10/2	World Book day 6/3 Science week 5/3	Mental health week 11/5	Pride Month June Refugee week 15/6

Year 10 SMSC overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
		Body and mind Reflecting on myself	My place in the world Finance	Relationships Intimate relationships	Body and mind Body positivity	My place in the world Exams and work experience	Relationships Healthy relationships	
Week 1	Title	Coping with change	Making the most of your money paying	The potential risks of forming relationships online	My carefully curated life... The dark side of social media	Revision techniques	Communicating your core values in a relationship	
	Outcome	Understand why change can be scary, and discuss strategies to cope with it.		Understand there are numerous potential risks to forming and conducting relationships online.	Explore the dark side of social media. Understand the risks and how to avoid them		Understand how to communicate your boundaries assertively	
	Assembly							
Week 2	Title	Smart phones – avoiding the algorithm trap	Escape room-overcoming financial challenges	Mental health in relation to sexual relationships	Body positivity despite the internet	Exam stress and the effects	The role of pleasure in relationships	
	Outcome	Understand how phones are designed to be addictive and assess your own consumption		Explore how sexual relationships can be positive and negative for your mental health	Understand how we are shown constant unrealistic images through the media		Explore the various ways relationships can bring pleasure	
	Assembly							
Week 3	Title	Smart phones – being present and avoiding the anxiety trap	Making the most of your money budgeting	Intimacy without sex	The influence of role models	Strategies for dealing with exam anxiety	Identifying coercion in your own relationships	
	Outcome	Understand how phones can create anxiety and why it's important to 'be present'		Understand how it is possible to be intimate without having sex	Define what a role model is. Explore positive and negative ones		Explore whether you have experienced coercion in any of your relationships	
	Assembly							
Week 4	Title	Reflection on my career path	Saving money – make a plan	Illegal behaviour within relationships	Self harm	What to expect in your work experience placement	Ways a relationship can be toxic including domestic abuse	
	Outcome	Identify what they're doing to support their career journey Draw connections between their past, present, and future in relation to their career journey Identify the career values important to them		Explore the impact of illegal behaviour within relationships and how to seek help	Understand what self harm is and why people do it		Understand toxic relationship traits and how to deal with them	
	Assembly							
Week 5	Title	Exploring employer profiles	Next steps afterschool	Stereotypes and toxic masculinity	Body modification	Coping with potential problems – work experience booklet	Fertility and infertility impact of lifestyle	
	Outcome	Use the Unifrog Know-how library to research employers Identify skills and experiences that are valued by employers Give examples of characteristics of a high quality employer		Explore the consequences of toxic masculinity and how stereotyping encourages it.	Explore the complicated issues behind body modification. Be able to make your own opinion on it		Explore the impact of infertility and understand the consequences of it	
	Assembly							
Week 6	Title	What type of career is best for me?	Earnings – Payslips explained	Misogyny/Misandry			Challenging harassment and stalking	
	Outcome	Explain what is meant by the word "career" Identify the four career types, and the benefits and drawbacks of each type Evaluate each career type and explain which they believe is right for them.		Understand what misogyny and misandry are and how they are toxic			Understand how to identify harassment and how to get help if you experience it	
	Assembly							
Week 7	Title		Why do we pay income tax					
	Outcome							
	Assembly							
RE Themes								
PD day		All about me						
Awareness weeks		Inclusion week 15/9	Black history month Nov World Aid Day 1/12	Holocaust memorial 27/1 Safer internet 10/2	World Book day 6/3 Science week 5/3	Mental health week 11/5	Pride Month June Refugee week 15/6	

Year 11 SMSC overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	
		Body and mind The science of learning	My place in the world Careers	My place in the world Finance	Body and mind Your body your choice	Relationships Relationships beyond school	
Week 1	Title	Coping with change	Employability skills	My Money Matters self-paced course registration and introduction	How STIs are spread and the importance of testing	Managing the fear of change	
	Outcome	Understand why change can be scary, and discuss strategies to cope with it.	Explain why it's important to record experiences, learning and achievements Describe some strategies to manage their CV, resumé or online presence and its impact on career opportunities. Explain the benefits of responding positively to help, support and feedback. Recognise the value of challenging themselves and trying new things		Understand the symptoms of common sti's and how to prevent them	Explore the various ways that leaving school might be scary plus strategies to cope	
	Assembly						
Week 2	Title	Smart phones – avoiding the algorithm trap	Decision making – choosing your pathway	Learn about the different options for saving and reflect on their own saving habits	Self examination and screening	Friendships beyond school	
	Outcome	Understand how phones are designed to be addictive and assess your own consumption	Understand how to make informed decisions Identify the decision they need to make about their post-16 choices Plan how they will make an informed decision about their post-16 choices		Understand the importance of self examination and how to do it properly	Understand how to create new friendships beyond school while exploring your own identity	
	Assembly						
Week 3	Title	Smart phones – being present and avoiding the anxiety trap	Researching – volunteering	Explore ways to make the most of their money	Contraception recap	Establishing new relationships	
	Outcome	Understand how phones can create anxiety and why it's important to 'be present'	Identify the benefits and drawbacks of volunteering and different types of paid work Understand the rights and responsibilities of employers and volunteer providers Research different types of opportunities suitable for them including paid work, self-employment and volunteering		Recap forms of contraception and how to get it if you need it.	Explore the various new relationships you will form after leaving school and how to form them effectively	
	Assembly						
Week 4	Title	Science of Learning/why practice matters	Money talks	Gain a deep insight into borrowing and debt	Choices around pregnancy including the right to NOT have children	Professional /working relationships beyond school	
	Outcome		State pros and cons of apprenticeships State pros and cons of higher education Explain how factors such as someone's financial situation could impact their career pathway choices		Explore some of the reasons people don't have children and choices if you are pregnant	Explore how working relationships are different from social relationships. Understand how to be professional	
	Assembly						
Week 5	Title	Retrieval and revision	Is AI a threat to our jobs?	Look ahead to life after school and explore the different options available	Menopause and the impact it can have	Managing friendship changes	
	Outcome		Explain how people around the world feel about AI Describe the types of tasks that AI can and cannot do Evaluate predictions about AI, and arguments on each side of the debate 'Is AI a threat to our jobs?'. Explain how different groups of people in society might feel about AI and how it might affect their decision-making processes		Understand the impact of menopause and how it can affect women	Understand that friendships may not survive the transition to college and how to cope if they don't	
	Assembly						
Week 6	Title	Wellbeing and stress		Enter the world of financial risk and reward			
	Outcome						
	Assembly						
Week 7	Title						
	Outcome						
	Assembly						
RE Themes							
PD day		All about me					
Awareness weeks		Inclusion week 15/9	Black history month Nov World Aid Day 1/12	Holocaust memorial 27/1 Safer internet 10/2	World Book day 6/3 Science week 5/3	Mental health week 11/5	